

Critical Incident Stress Management Three Day Class

Includes Assisting Individuals in Crisis and Group Crisis Intervention

Sponsored by The Pee Dee Crisis Response Team

September 17th - 19th, 2020

Hilton Garden Inn, 2671 Hospitality Blvd. Florence, SC

Limited Space - Course Cost \$235 (use \$50 discount code) for First Responders, Military and Nurses

• Assisting Individuals in Crisis

Course Description: Crisis Intervention is NOT psychotherapy; rather, it is a specialized acute emergency mental health intervention which requires specialized training. As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called “emotional first aid”. This program is designed to teach participants the fundamentals of, and a specific protocol for, individual crisis intervention. This course is designed for anyone who desires to increase their knowledge of individual (one-on-one) crisis intervention techniques in the fields of Business & Industry, Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress.



Program Highlights:

- Psychological crisis and psychological crisis intervention
- Resistance, resiliency, recovery continuum
- Critical incident stress management
- Evidence-based practice
- Basic crisis communication techniques
- Common psychological and behavioral crisis reactions
- Putative and empirically derived mechanisms
- SAFER-Revised model
- Suicide intervention
- Risks of iatrogenic “harm”

• Group Crisis Intervention

Course Description:

Designed to present the core elements of a comprehensive, systematic, and multi-component crisis intervention curriculum, the Group Crisis Intervention course will prepare participants to understand a wide range of crisis intervention services. Fundamentals of Critical Incident Stress Management (CISM) will be outlined and participants will leave with the knowledge and tools to provide several group crisis interventions, specifically demobilizations, defusing and the Critical Incident Stress Debriefing (CISD). The need for appropriate follow-up services and referrals when necessary will also be discussed.

This course is designed for anyone in the fields of Business & Industry Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress.

Program Highlights

- Relevant research findings
- Relevant recommendations for practice
- Incident assessment
- Strategic intervention planning
- “Resistance, resilience, recovery” continuum
- Large group crisis interventions
- Small group crisis interventions
- Adverse outcome associated with crisis intervention
- Reducing risks
- Critical Incident Stress Debriefing (CISD)

For Registration for the class, please visit www.lakecism.com. Follow directions for the class listed for the dates specified. For Discount codes email Brenda Dutcher at Brenda.Dutcher@yahoo.com

Any questions, please email fuzzycism@gmail.com and or Brenda.Dutcher@yahoo.com. Registration deadline will be Wednesday, September 2nd, 2020 and discount deadline will be Wednesday, August 19th, 2020.